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Electrolytes + plant extracts

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IMMUNE + Colostrum

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Vitamin D3

Liver Sleep Calm

Relax + valerian

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BEVERAGES

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ABOUT ESSENCE EXPERT

Essence Expert was created to meet market needs:

- unique, tailor-made products for specific target groups of end consumers
- defining the needs of the above-mentioned target groups and offering unique solutions to address them
- # financial optimization of selected solutions
- recommendations for consumer communication that complies with the legal regulations







WHY ESSENCE EXPERT

- **Top-class specialists** Essence Expert has a team of top-class specialists with many years of experience in pharmaceutical industry and scientific expertise.
- Innovativeness Essence Expert offers innovative solutions.

 We are open to the latest trends and employ new, tried-and-tested technologies.
- Service from A to Z Holistic approach to our clients, it means that Essence Expert providing full service from A to Z:
 - Product: from composition, through production and registration to promotional strategy.
 - Strategy: from analysis, through recomendations to business plan.
 - Costs: Essence Expert recommends cost optimization solutions, ensuring you receive affordable options.
- **Long-term cooperation** We offer long-term cooperation plans and special conditions for regular clients.
- Flexibility Essence Expert takes care of your needs and explores all possibilities to offer the best solution.



WHAT WE OFFER

Essence Expert suport clients with:



Analysis and recommendations



Product composition and development



Registration • your Trade Mark

-o food supplements

-o cosmetics

others



Production



Business Plans





PRODUCTION CAPABILITIES

FOOD SUPPLEMENTS



Tablets



Capsules





Gummies Sachets, powders Shots





Effervescents

COSMETICTS



Creams



Balms



Serums

BEVERAGES



Cans



Sachets



Powders



PET bottles





FOOD SUPPLEMENTS

- We use only certified sources
- We offer unique patented formulas
- We are flexible in making composition changes
- We can offer short lead times
- We advise on the right composition choices and how to optimize your portfolio to control costs
- We cooperate with accredited labs
- We test our products to guarantee the best quality



CONSUMERS

Supplements of diet are popular among various different groups and for a wide range of reasons. A good understanding of the target group and meeting its needs is a key to success. We have identified two of the largest groups of food supplement consumers globally:



- Natural ingredients
- Vegan
- Preservative free

The target group of "natural lovers" consists of people who wish to use natural ingredients to maintain their health. Many supplements are made from or contain natural ingredients such as plant extracts, which appeal to those interested in alternative health or simply maintaining well-being through natural means.



- Unique active substances
- Well-known ingredients
- Scientific proof actions

Many active individuals, living busy and stressful lives, regularly choose supplements to maintain their health. Although a healthy, balanced diet provides essential vitamins, some may lack time to focus on their diet. This is why some choose to take supplements like vitamin D or magnesium.









UNIQUE ingredients

A unique combination four forms of magnesium for optimal effectiveness:

- **liposomal** encapsulation of magnesium inside the liposomal vesicle determines its high bioavailability and obtained through the use of innovative technology
- **citrate and oxide** are two of the most popular forms
- **pidolate** the chemical formula for magnesium pidolate shows its structure, with one magnesium atom chelated to two pidolic acid molecules. This specific configuration optimizes effectiveness compared to other magnesium salts.

Magnesium:

- contributes to maintaining proper energy metabolism
- helps in protein synthesis, maintaining healthy teeth, bones and electrolyte balance
- supports proper psychological functions and the functioning of the nervous system and muscular systems



30 capsules



energy



muscles



nervous system

Active ingredients:

liposomal, citrate, oxide and pidolate magnesium











Magnesium citrate is a metal-organic compound formed from citrate and magnesium ions. This form of magnesium is considered more bioavailable than others. Magnesium citrate is particularly popular in Poland and is sometimes used to prevent kidney stones*.

Magnesium:

- contributes to maintaining proper energy metabolism
- helps in protein synthesis, maintaining healthy teeth, bones and electrolyte balance
- supports appropriate psychological functions and the functioning of the nervous system and muscles



30 capsules



energy



muscles



nervous system

Active ingredients: magnesium citrate, vitamin B6

*Ettinger, B; Pak, CY; Citron, JT; Thomas, C; Adams-Huet, B; Vangessel, A (December 1997). "Potassium-magnesium citrate is an effective pro phylaxis against recurrent calcium oxalate nephrolithiasis". J Urol. 158 (6): 2069–73. doi:10.1016/S0022-5347(01)68155-2. PMID 9366314















KSM-66 Ashwagandha is a full-spectrum extract with the highest concentration of root-only extracts available. It is produced using a unique proprietary extraction process, based on "Green Chemistry" principles, without alcohol or chemical solvents.

Magnesium:

- contributes to maintaining proper energy metabolism
- supports appropriate psychological functions and the functioning of the nervous system and muscles

Ashwagandha:

- supports relaxation, mental and physical well-being
- helps maintain emotional stability





energy



nervous system



relax

Active ingredients:

magnesium citrate, ashwagandha











Liposomal vitamin D3 is encapsulated inside the liposomal vesicle which ensures high bioavailability through the use of innovative technology designed to overcome the body's absorption barriers. This technology is based on encapsulation of vitamin D in spherical particle called microcapsule, which does not break down in the stomach and is absorbed in the intestinal mucosa. This allows for significantly more efficient absorption.

Vitamin D3 helps maintain:

- proper function of the immune system
- absorption/utilisation of calcium and phosphorus
- normal function of bones, teeth, and muscles





30 capsules



bones



muscles



immune system

Active ingredients:

vitamin D3 (cholecalciferol)











Vitamin D3 in the form of cholecalciferol. Vegan-friendly source: lichen. Encapsulated inside the liposomal vesicle for high bioavailability and obtained through the use of innovative technology. This technology encapsulates vitamin D in a spherical particle called a microcapsule, which does not break down in the stomach but is absorbed in the intestinal mucosa. This allows for significantly more efficient absorption.

Vitamin D3 helps maintain:

- proper immune system function
- absorption/utilisation of calcium and phosphorus
- normal bones, teeth and muscle function





30 capsules



vega



muscles



immune system

Active ingredients:

vitamin D3 (cholecalciferol), source: lichen











This product contains a unique composition of well-known active substances with scientifically proven effects. Many patients' experiences confirm the effectiveness of the ingredients.

- Choline contributes to maintaining of normal liver function and lipid metabolism
- Vitamin B6 supports normal protein and glycogen metabolism
- Ornithine helps normalize liver function through the regulation of the urea cycle



30 capsules





medical ingredients



multi-directional action

Active ingredients:

choline, ornithine L-aspartate, vitamin B6













The active ingredients in this detox product are carefully selected plant extracts designed to optimize the multi-directional action and guarantee safety of use. The scientifically proven effects of these plant extracts have been confirmed by numerous research studies and scientific publications.

 Combination of well-known ingredients milk thistle, artichoke and others

essence expert

- Propolis maintains healthy liver function, digestion and the body purification
- Green coffee (*Coffea arabica L.*) supports liver functions and helps with the detoxification process



30 capsules



liver

natural ingredients



detox

Active ingredients: milk thistle (*Sybilum Marianum*), artichoke (*cynarin*), turmeric, propolis, green coffee (*Coffea arabica L.*)













This product contains a carefully selected composition of popular active substances, all of which have scientifically proven benefits. The ingredients are chosen to provide multi-directional support, not only for sleep but also for the nervous system and reducing the feeling of tiredness.

- Melatonin helps reduce the time it takes to fall asleep
- Lavender contributes to better sleep
- Ashwagandha and chamomile support relaxation, mental and physical well-being
- Vitamin B6 maintains the proper functioning of the nervous system and helps reduce tiredness



30 capsules



energy



mental balance



multi-directional action

Active ingredients: melatonin, lavender extract, ashwagandha extract, vitamin B6













A well-known and popular combination of active substances with scientifically proven effects. The ingredients are carefully selected to provide multidirectional action, supporting not only sleep but also the nervous system and psychological functions. All ingredients have research-proven actions and are backed by numerous scientific publications.

orange flavour

- Melatonin helps reduce the time it takes to fall asleep
- Vitamin B6 supports normal functioning of the nervous system and psychological functions
- Hop and lemon balm have a soothing effect for the nervous system and promote good sleep



30 gummies



mental balance



multi-directional action



medical ingredient

Active ingredients: melatonin, vitamin B6, hop and lemon balm













This product is free from preservatives, meaning it contains no artificial ingredients. This reduces the risk of exposure to side effects, such as an unpleasant taste, commonly associated with chemical preservatives.

lawender tea taste

- Melatonin helps reduce the time it takes to fall asleep
- Vitamin B6 maintains the proper functioning of the nervous system and helps reduce the feeling of tiredness
- Special composition of lavender, chamomile, hop and melissa supports the body in relaxation and emotional balance
- Ashwagandha helps with relaxation





balance



multi-directional



good sleep

Active ingredients: melatonin, lavender, lemon balm, hops, chamomile, mint, vitamin B6, ashwagandha













KSM-66 Ashwagandha is a branded, full-spectrum extract with the highest concentration of root-only extracts available on the market.

Magnesium pidolate is a highly bioavailable form of magnesium. It consists of a magnesium atom chelated with two molecules of pidolic acid, which enhances its absorption and effectiveness compared to other magnesium salts.

- Ashwagandha, lemon balm, valerian root and chamomile support relaxation, mental and physical well-being
- Magnesium contributes to the proper functioning of the nervous system
- Rhodiola Rosea helps reduce tiredness and fatigue in stressful situations



30 capsules





mental balance



natural ingredients

Active ingredients: lemon balm, chamomile, valerian root, ashwagandha, magnesium (citrate or pidolate), Rhodiola Rosea











A unique product that combines the traditional use of valerian with modern ingredients like L-tyrosine and other well-researched substances. The active ingredients are chosen for their multidirectional action, providing support for the nervous system and promoting a feeling of happiness.

- L-tyrosine supports the normal synthesis of dopamine- often referred to as the "happiness molecule"
- Vitamin B12 contributes to normal functioning of the nervous system
- Glutamine acts as a precursor of GABA and plays a key role in healthy nerve function throughout the central nervous system



30 capsules





multi-directional action



mental balance

Active ingredients: Valerian root, L-tyrosine, vitamin B12, glutamine













No added sugar

These gummies are free from added sugar, containing only naturally occurring sugars. The product is enriched with carefully selected plant ingredients, such as ashwagandha, lemon balm, and hops, which support relaxation and emotional balance.

lemon balm taste

- Ashwagandha root extract helps support relaxation, mental and physical well-being, contributes to emotional balance and general well-being
- Lemon balm helps maintain positive mood and good cognitive functioning
- Hops extract supports healthy sleep
- Niacin, Vitamin B6 and Biotin support the properfunctioning of the nervous system





emocional balance



nervous system



natural ingredients

Active ingredients: lemon balm, ashwagandha, hops extract, vitamin B3, B6, biotin











Electrolytes are ions selected in their proper chemical form, essential for maintaining good health. They regulate water and electrolyte balance, as well as the functioning of the nervous, muscular, and circulatory systems, ensuring the proper functioning of the entire body.

In biological terms, electrolytes are aqueous solutions of dissociated elements, colloquially called ions.

- Magnesium supports electrolyte balance and proper energy metabolism
- Niacin contributes to normal psychological function
- Potassium helps maintain normal muscle function, nervous system function, and normal blood pressure



20 tablets



muscles



hydratation



energy

Active ingredients: vitamins B6, B12, C, minerals: calcium, magnesium, potassium, sodium, chlorides













Combucha taste

Electrolytes are ions in specific chemical forms that are essential for maintaining good health. Their levels determine water and electrolyte balance, and they support the functioning of the nervous, muscular, and circulatory systems, ensuring the proper functioning of the entire body.

Potassium pidolate is a natural form of organic potassium. It acts as a dietary and mineral supplement with high bioavailability.

- Electrolytes consumed before or during exercise help increase endurance and delay fatigue
- Magnesium contributes to electrolyte balance
- Vitamin B12 contributes to reducing of tiredness and fatigue





muscles



hydratation



energy

Active ingredients: sodium, potassium pidolate, calcium, citrate magnesium, niacin, vitamin B12, vitamin B6, pantothenic acid, combucha, qinsenq











Specially selected ingredients provide multi-directional support: they enhance psychological functions, improve the nervous system, boost memory and brain function, and help reduce tiredness

apple, blackberry taste

- Acetyl-l-carnitine helps support and maintain healthy brain function
- Beta-alanine delays the onset of fatigue
- L-glutamine supports concentration, mental performance, helps to maintain working memory and brain performance in aging adults
- Niacin and thiamine contribute to normal psychological function and nervous system
- Vitamin B6 and B12 help reduce fatigue while supporting the nervous system





energy



muscles



nervous system

Active ingredients: L-carnosine, acetyl L-carnitine, beta-alanine, L-glutamine, niacin, vitamin B6, thiamine, vitamin B12













Potassium and magnesium pidolate are natural forms of organic compounds. They act as dietary and mineral supplements with high bioavailability.

citron, lemon taste

- Vitamin B12 contributes to the reducing of tiredness and fatigue
- Caffeine boosts physical performance
- Carnitine helps the energy production
- Ashwagandha root extract supports physical wellbeing
- Magnesium maintains proper energy metabolism
- Potassium contributes to normal functioning of the nervous system
- Magnesium and potassium also contribute normal muscle function





strength



body



energy

Active ingredients: magnesium pidolate, L-Carnitine or mix (L-Taurine, L-Carnitine, L-Arginine, L-Tyrosine), vitamins B1, B2, B3, B5, B6, B7, B12, quarana extract, ashwagandha taurine vit. C, potassium pidolate, qinseng











INNOVATIVE capsule

The innovative double-encapsulation technology ensures the active ingredients, including 35 billion bacteria, reach the intestines without breaking down in the stomach. This ensures optimal effectiveness.

- A groundbreaking 3-in-1 formula with probiotics, prebiotics (FOS) and vitamin D
- The patented ingredient, HOWARU® Restore II Mix, contains 35 billion bacterial cultures from four strains
- Double-encapsulation technology ensures the ingredients are delivered directly to the intestines





30 capsules







probiotics

Active ingredients: probiotics HOWARU® Restore II Mix contains 35 billion bacterial (*Lactobacillus* and *Bifidobactarium*), prebiotics (FOS), vitamin D vegan, vitamin B3, biotin













Triphala is a three-ingredient herbal preparation derived from Ayurveda. The name "Triphala" means "three fruits," referring to the combination of three key ingredients. This ancient herbal formula tones the digestive tract and soothes the intestines. Triphala is traditionally used to treat gastrointestinal issues, regardless of their origin. It is over 1,000 years old and is highly regarded for its digestive benefits.

- Haritaki (*Terminalia Chebula*) helps to maintain the health of the liver
- Amla (Emblica officinalis) contributes to the health of the digestive tract
- Bibhitaki (*Terminalia Bellirica*) helps protect the liver



30 capsules







detox

Active ingredients: Amla (*Emblica officinalis*), Bibhitaki (*Terminalia bellirica*), Haritaki (*Terminalia chebula*)











The new formula contains two important ingredients in one capsule. The liquid form enhances bioavailability.

- L-carnitine contributes to fat burning during exercise, aids in energy production at the cellular level and improves muscle recovery after exercise
- Vitamin D supports normal muscle function, healthy bones and immune system





30 capsules





muscles



body

Active ingredients: L-carnitine, vitamin D3













Preservative-free means that the products do not contain any artificial ingredients. This reduces the risk of side effects, such as a less enjoyable taste, compared to products containing chemical preservatives.

green tea flavour

- Zinc supports the normal metabolism of fatty acids
- Caffeine contributes to the mobilization of fat stores and increases fat burning
- A combination of guarana and green tea helps to burn fat
- Common nettle extract supports water excretion of from the body



150 ml



slim



hydrating



energy

Active ingredients: L-carnitine, zinc, caffeine from green coffee beans, green barley green tea extract, guarana extract (10% caffeine), common nettle extract, acai berry extract, holly









WELL-KNOWN ingredients



This product features a rich composition of well-known ingredients trusted by consumers. The formula is designed to improve the condition of hair, skin, and nails.

- Horsetail improves skin, hair and nail strength and promotes hair growth
- Vitamin C and zinc protect cells from oxidative stress and help in normal collagen formation for proper skin function
- The minerals and trace elements in nettle strengthen bones, nails and hair
- Zinc and biotin contribute to the maintenance of healthy skin and hair
- Copper supports normal hair pigmentation



30 capsules



hair



nails



skin

Active ingredients: dry extract of horsetail herb (*Equisetum arvense L.*) including silica, vitamin C, dry extract of nettle herb (*Urtica dioica L.*), zinc, biotin, copper













These gummies are gelatin-free and use pectin as a gelling agent.

The product contains special ingredients, including encapsulated caffeine and green tea leaf extract, which benefit hair and skin health. It also includes antioxidants and vitamins.

strawberry taste

- Special composition ingredients: encapsulated caffeine, green tea leaf extract and vitamins
- Vitamin C helps with normal collagen formation for the proper function of skin
- Biotin contributes to the maintenance of healthy hair
- Vitamin E is necessary for healthy teeth, bones, hair, skin and nails





hair



nails



skin

Active ingredients: vitamin C, vitamin E, biotin, encapsulated caffeine, green tea leaf extract (*Camellia sinensis*)











The innovative double-encapsulation capsule ensures that this rich formula reaches the intestines, where it can exert its effects more effectively, instead of being broken down in the stomach.

The rich composition includes, among other ingredients, **hyaluronic acid and collagen**, which help build and support the skin.

- Zinc contributes to maintaining normal skin, nails and hair
- Borage oil (GLA) contributes to maintenance of normal skin cell structure and elasticity
- Selenium helps protect cells from oxidative stress



30 capsules



multi-directional action



protection

Active ingredients: borage oil (GLA), argan oil, hyaluronic acid, alpha-lipoic acid, selenium, vitamin C, zinc, lycopene, lutein, zeaxanthin, hydrolyzed collagen









NATURAL POWER





- Rich combination of active ingredients like collagen, hialuronic acid, antioxidants, vitamins and plant extract
- 5 000 mg of collagen
- Vitamin C helps with normal collagen formation for proper function of skin
- Zinc helps maintain healthy skin, hair and nails

20 vials





protection



Active ingredients: Hydrolysed collagen, Vitamin C, Grapeseed (minimum 95% OPC, oligomeric proanthocyanidins), Niacin (B3), Hyaluronic acid, Vitamin E, Zinc, Pantothenic acid (B5), Vitamin B6, Riboflavin (B2), Vitamin A, Selenium, Biotin, Vitamin B12







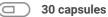




The innovative double-encapsulation capsule ensures that this rich formula reaches the intestines, where it can exert its effects more effectively, rather than being broken down in the stomach. The product contains a special compound-rich composition that includes, among other ingredients, **patented collagen**.

- Curcumin contributes to normal joint function
- Vitamin C helps maintain normal collagen formation for the normal function of bones and cartilage
- Vitamin D supports normal muscle function
- Manganese and copper aid in the normal formation of connective tissue
- Vitamin B12 reduces tiredness and fatigue
- Product is enriched in caffeine







joints



bones



energy

Active ingredients: Curcumin + Boswellia, UC-II® (undenatured type II collagen) Vitamin C, Vitamin D3, manganese, copper, vitamin B12, caffeine









ARTRO SPORT







- Rich combination of active ingredients like collagen, hialuronic acid, glucosamine, chondroitine, plant ekstracts, omega 3, vitamins and minerals
- Collagen, hyaluronic acid, glucosamine, chondroitin naturally occurs in joints cartilage and synovial fluid
- Vitamin C (from natural source) helps with normal collagen formation for the proper function of cartilage
- Calcium, vitamin K2 and vitamin D3 support healthy bones and teeth
- Omega 3 fatty acids help maintain joint mobility and flexibility

20 vials



natural extracts



vitamins K2+D3



joints and bones



multidirection action

Active ingredients: collagen, hailuronic acid, glucosamine, chondroitine, rosehip and nettle (natural source of vitamin C), omega 3, calcium, vitamins E, K2, D3











The innovative double-encapsulation system ensures that the ingredients reach the intestines for optimal absorption.

- · Set of 12 vitamins and 10 minerals
- Vitamin D, vitamin C, iron, vitamin A, vitamin B12, vitamin B6, copper and selenium help with the proper functioning of the immune system
- Magnesium, vitamin C, vitamin B6 and vitamin B12 contribute to reducing the feeling of tiredness and fatigue
- Copper and vitamin C help protect cells from oxidative stress
- Magnesium, niacin, vitamin B12, vitamin B6 and vitamin C help maintain proper psychological functions



30 capsules



immune



energy



strength

Active ingredients: vitamins: A, D, E, C, B1, B2, B3, B5, B6, B8, B9, B12, copper, iron, chromium, iodine, selenium, zinc, fluoride, manganese, calcium, magnesium













This product contains a carefully selected set of vitamins and minerals enriched with colostrum, a natural substance produced by the mammary glands before childbirth. Colostrum helps prepare the young body's immune system for life outside the womb and contains immune factors, vitamins, minerals, lysozyme, and lactoferrin.





vanilla flavor

- The product contains a set of carefully selected vitamins and minerals enriched with colostrum
- Colostrum optimizes the natural defense system
- Vitamin C, D, zinc contribute to the normal function of the immune system
- Magnesium and vitamin B12 contribute to the reduction of tiredness and fatigue





immune



energy



strength

Active ingredients: colostrum, vitamins D, C, B1, B2, B6, B12, folic acid, zinc, niacin





OPTIONALLY, WE OFFER PACKAGING IN JARS









































PROTEIN SHAKE

PRESERVATIVE FREE







chocolate flavor

vanilla flavor

strawberry flavor

- · High protein content
- No sugar
- Low fat

∆ 250 ml



25 g protein



muscles



body

Active ingredients: L-carnosine, acetyl-L-carnitine, L-glutamine, niacin, vitamin B6, thiamine, vitamin B12









PRESERVATIVE FREE







chocolate flavor

vanilla flavor

strawberry flavor

- · High protein content
- Contains plant protein fava
- No sugar
- Enriched in vitamins, calcium and fiber from chicory root

∆ 2

250 ml



50 g protein



muscles



vegan

Active ingredients: fava bean protein isolate, chicory root fiber, calcium carbonate, calcium salts of orthophosphoric acid, vitamin B2, vitamin D, vitamin B12, **natural flavors**









COSMETICS

PRESERVATIVE FREE





This line of cosmetics is designed to support skin regeneration, protection, and moisturizing. The products contain a high level of CBD oils, which are known for their regenerative and protective properties. They provide holistic care for skin exposed to daily environmental stress.

- High CBD oils content
- Regenerative action
- Protective action
- Moisturizing and smoothing effect
- · Reduces redness and skin irritation
- Helps fight imperfections

Day cream 50 ml Body balm 200 ml



CBD



beautiful skin



regeneration

Active ingredients: CBD oils, polysaccharide, murumuru butter, kahai oil













A specially developed line of whitening products designed to fight and protect against the harmful effects of sunlight. The reduction of discolorations caused by various factors has been enhanced with the combination of alpha-arbutin and licorice extract, with the whitening and even skin tone effect.

- Whitening and protective action
- Protection from the adverse effects of the sun's rays
- Brightens and evens out the skin tone

Day&night cream 50 ml Serum 30 ml Body lotion 200 ml



Beautiful Skin



Whitening



Sun protection

Active ingredients: day&night cream- alpha arbutin, licorice extract, peptide face serum- alpha arbutin, licorice extract, peptide, vitamin C body lotion- alpha arbutin, licorice extract, niacinamide







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