



# CATALOG



essence **expert**  
Your pharma.





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**natural**  **you**

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Sleep Balance  
Relax  
Electrolytes + plant extracts  
Triphala  
Slim + hydro  
Hair, skin & nails  
Beauty in & out  
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**only**  **you**

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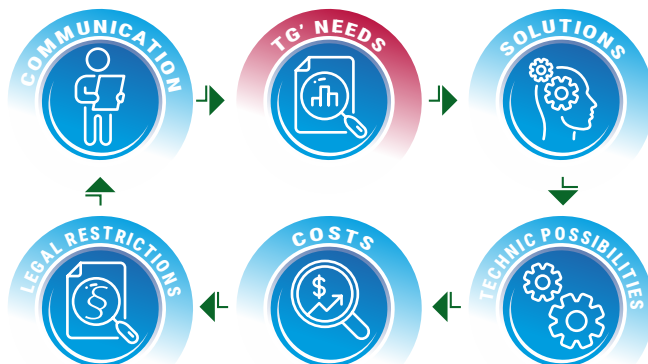
essence expert



## ABOUT ESSENCE EXPERT

**Essence Expert** was created to meet market needs:

- ❄ unique, tailor-made products for specific target groups of end consumers
- ❄ defining the needs of the above-mentioned target groups and offering unique solutions to address them
- ❄ financial optimization of selected solutions
- ❄ recommendations for consumer communication that complies with the legal regulations





## WHY ESSENCE EXPERT

- ❄️ **Top-class specialists** Essence Expert has a team of top-class specialists with many years of experience in pharmaceutical industry and scientific expertise.
- ❄️ **Innovativeness** Essence Expert offers innovative solutions. We are open to the latest trends and employ new, tried-and-tested technologies.
- ❄️ **Service from A to Z** Holistic approach to our clients, it means that Essence Expert providing full service from A to Z:
  - Product:** from composition, through production and registration to promotional strategy.
  - Strategy:** from analysis, through recommendations to business plan.
  - Costs:** Essence Expert recommends cost optimization solutions, ensuring you receive affordable options.
- ❄️ **Long-term cooperation** We offer long-term cooperation plans and special conditions for regular clients.
- ❄️ **Flexibility** Essence Expert takes care of your needs and explores all possibilities to offer the best solution.





## WHAT WE OFFER

**Essence Expert suport clients with:**



Analysis and recommendations



Product composition and development



Registration

- your Trade Mark
- food supplements
- cosmetics
- others



Production



Business Plans





## PRODUCTION CAPABILITIES

### FOOD SUPPLEMENTS



Tablets



Capsules



Gummies



Sachets, powders



Shots



Effervescent

### COSMETICTS



Creams



Balms



Serums

### BEVERAGES



Cans



Sachets



Powders










PET bottles







## FOOD SUPPLEMENTS

-  We use only certified sources
-  We offer unique patented formulas
-  We are flexible in making composition changes
-  We can offer short lead times
-  We advise on the right composition choices and how to optimize your portfolio to control costs
-  We cooperate with accredited labs
-  We test our products to guarantee the best quality







essence expert



## CONSUMERS

Supplements of diet are popular among various different groups and for a wide range of reasons. A good understanding of the target group and meeting its needs is a key to success. We have identified two of the largest groups of food supplement consumers globally:



- 🌿 Natural ingredients
- 🌿 Vegan
- 🌿 Preservative free

The target group of “natural lovers” consists of people who wish to use natural ingredients to maintain their health. Many supplements are made from or contain natural ingredients such as plant extracts, which appeal to those interested in alternative health or simply maintaining well-being through natural means.



- ♥ Unique active substances
- ♥ Well-known ingredients
- ♥ Scientific proof actions

Many active individuals, living busy and stressful lives, regularly choose supplements to maintain their health. Although a healthy, balanced diet provides essential vitamins, some may lack time to focus on their diet. This is why some choose to take supplements like vitamin D or magnesium.



only  you



Food supplement  
**MAGNESIUM 4 in 1**

**UNIQUE  
ingredients**

A unique combination four forms of magnesium for optimal effectiveness:

- **liposomal** - encapsulation of magnesium inside the liposomal vesicle determines its high bioavailability and obtained through the use of innovative technology
- **citrate and oxide** are two of the most popular forms
- **pidolate** - the chemical formula for magnesium pidolate shows its structure, with one magnesium atom chelated to two pidolic acid molecules. This specific configuration optimizes effectiveness compared to other magnesium salts.

### Magnesium:

- contributes to maintaining proper energy metabolism
- helps in protein synthesis, maintaining healthy teeth, bones and electrolyte balance
- supports proper psychological functions and the functioning of the nervous system and muscular systems

 **30 capsules**



energy



muscles



nervous system

### Active ingredients:

liposomal, citrate, oxide and pidolate magnesium



only  you



Magnesium citrate is a metal-organic compound formed from citrate and magnesium ions. This form of magnesium is considered more bioavailable than others. Magnesium citrate is particularly popular in Poland and is sometimes used to prevent kidney stones\*.

### Magnesium:

- contributes to maintaining proper energy metabolism
- helps in protein synthesis, maintaining healthy teeth, bones and electrolyte balance
- supports appropriate psychological functions and the functioning of the nervous system and muscles

 **30 capsules**



energy



muscles



nervous system

**Active ingredients:** magnesium citrate, vitamin B6

\*Ettinger, B; Pak, CY; Citron, JT; Thomas, C; Adams-Huet, B; Vangessel, A (December 1997). „Potassium-magnesium citrate is an effective prophylaxis against recurrent calcium oxalate nephrolithiasis”. J Urol. 158 (6): 2069–73. doi:10.1016/S0022-5347(01)68155-2. PMID 9366314





natural  you

**MAGNESIUM**  
+ashwagandha Food supplement

**UNIQUE  
ingredients**



KSM-66 Ashwagandha is a full-spectrum extract with the highest concentration of root-only extracts available. It is produced using a unique proprietary extraction process, based on "Green Chemistry" principles, without alcohol or chemical solvents.

**Magnesium:**

- contributes to maintaining proper energy metabolism
- supports appropriate psychological functions and the functioning of the nervous system and muscles

**Ashwagandha:**

- supports relaxation, mental and physical well-being
- helps maintain emotional stability

 **30 capsules**



energy



nervous system



relax

**Active ingredients:**

magnesium citrate, ashwagandha



only  you



#### Vitamin D3 helps maintain:

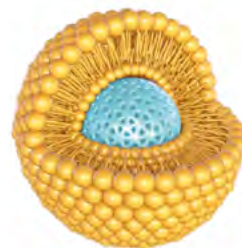
- proper function of the immune system
- absorption/utilisation of calcium and phosphorus
- normal function of bones, teeth, and muscles

Food supplement

# VITAMIN D3

## LIPOSOMAL vitamin D

Liposomal vitamin D3 is encapsulated inside the liposomal vesicle which ensures high bioavailability through the use of innovative technology designed to overcome the body's absorption barriers. This technology is based on encapsulation of vitamin D in spherical particle called microcapsule, which does not break down in the stomach and is absorbed in the intestinal mucosa. This allows for significantly more efficient absorption.



 30 capsules



bones



muscles



immune system

#### Active ingredients:

vitamin D3 (cholecalciferol)



**natural**  **you**



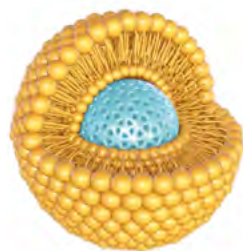
**Vitamin D3 helps maintain:**

- proper immune system function
- absorption/utilisation of calcium and phosphorus
- normal bones, teeth and muscle function

**VITAMIN D3**  
vegan Food supplement

**LIPOSOMAL  
vitamin D**

Vitamin D3 in the form of cholecalciferol. Vegan-friendly source: lichen. Encapsulated inside the liposomal vesicle for high bioavailability and obtained through the use of innovative technology. This technology encapsulates vitamin D in a spherical particle called a microcapsule, which does not break down in the stomach but is absorbed in the intestinal mucosa. This allows for significantly more efficient absorption.



 **30 capsules**



vegan



muscles



immune system

**Active ingredients:**

vitamin D3 (cholecalciferol), source: lichen



only  you



Food supplement  
**MULTIVIT+**

**LIQUID  
capsule**

The innovative double-encapsulation system ensures that the ingredients reach the intestines for optimal absorption.



- Set of 12 vitamins and 10 minerals
- Vitamin D, vitamin C, iron, vitamin A, vitamin B12, vitamin B6, copper and selenium help with the proper functioning of the immune system
- Magnesium, vitamin C, vitamin B6 and vitamin B12 contribute to reducing the feeling of tiredness and fatigue
- Copper and vitamin C help protect cells from oxidative stress
- Magnesium, niacin, vitamin B12, vitamin B6 and vitamin C help maintain proper psychological functions

 **30 capsules**



immune



energy



strength

**Active ingredients:** vitamins: A, D, E, C, B1, B2, B3, B5, B6, B8, B9, B12, copper, iron, chromium, iodine, selenium, zinc, fluoride, manganese, calcium, magnesium

**natural you**



Food supplement  
**IMMUNE+COLOSTRUM**

**NATURAL  
ingredient**

This product contains a carefully selected set of vitamins and minerals enriched with colostrum, a natural substance produced by the mammary glands before childbirth. Colostrum helps prepare the young body's immune system for life outside the womb and contains immune factors, vitamins, minerals, lysozyme, and lactoferrin.



**vanilla flavor**

- The product contains a set of carefully selected vitamins and minerals enriched with colostrum
- Colostrum optimizes the natural defense system
- Vitamin C, D, zinc contribute to the normal function of the immune system
- Magnesium and vitamin B12 contribute to the reduction of tiredness and fatigue

 **30 sachetes**



**immune**



**energy**



**strength**

**Active ingredients:** colostrum, vitamins D, C, B1, B2, B6, B12, folic acid, zinc, niacin



natural  you



Food supplement

**SLEEP**

**PRESERVATIVES  
free**

The active ingredients in this product are carefully selected plant extracts designed to optimize the multi-directional action and guarantee safety of use.

### lemon with lime flavour

- Melatonin helps reduce the time it takes to fall asleep
- Vitamin B6 maintains the proper functioning of the nervous system and helps reduce the feeling of tiredness
- Composition of lavender, chamomile, hop and melissa supports the body in relaxation and emotional balance

 150 ml



balance



multi-directional  
action



medical  
ingredient

**Active ingredients:** melatonin, lavender, lemon balm, hops, chamomile, mint, B6



natural  you



#### lavender tea taste

- Melatonin helps reduce the time it takes to fall asleep
- Vitamin B6 maintains the proper functioning of the nervous system and helps reduce the feeling of tiredness
- Special composition of lavender, chamomile, hop and melissa supports the body in relaxation and emotional balance
- Ashwagandha helps with relaxation

This product is free from preservatives, meaning it contains no artificial ingredients. This reduces the risk of exposure to side effects, such as an unpleasant taste, commonly associated with chemical preservatives.

Food supplement

# SLEEP BALANCE

**PRESERVATIVES  
free**

 150 ml



balance



multi-directional  
action



good  
sleep

**Active ingredients:** melatonin, lavender, lemon balm, hops, chamomile, mint, vitamin B6, ashwagandha



only  you



# SLEEP

Food supplement

**WELL-KNOWN  
ingredients**

This product contains a carefully selected composition of popular active substances, all of which have scientifically proven benefits. The ingredients are chosen to provide multi-directional support, not only for sleep but also for the nervous system and reducing the feeling of tiredness.

- Melatonin helps reduce the time it takes to fall asleep
- Lavender contributes to better sleep
- Ashwagandha and chamomile support relaxation, mental and physical well-being
- Vitamin B6 maintains the proper functioning of the nervous system and helps reduce tiredness

 **30 capsules**



energy



mental  
balance



multi-directional  
action

**Active ingredients:** melatonin, lavender extract,  
ashwagandha extract, vitamin B6





only  you

Food supplement

**Sleep**


**WELL-KNOWN  
INGREDIENTS**



A well-known and popular combination of active substances with scientifically proven effects. The ingredients are carefully selected to provide multidirectional action, supporting not only sleep but also the nervous system and psychological functions. All ingredients have research-proven actions and are backed by numerous scientific publications.

**orange flavour**

- Melatonin helps reduce the time it takes to fall asleep
- Vitamin B6 supports normal functioning of the nervous system and psychological functions
- Hop and lemon balm have a soothing effect for the nervous system and promote good sleep

 **30 gummies**  
**60 gummies**



mental  
balance



multi-directional  
action



medical  
ingredient

**Active ingredients:** melatonin, vitamin B6, hop and lemon balm



only  you



**CALM**  
Food supplement

**NATURAL  
ingredients**

KSM-66 Ashwagandha is a branded, full-spectrum extract with the highest concentration of root-only extracts available on the market.

Magnesium pidolate is a highly bioavailable form of magnesium. It consists of a magnesium atom chelated with two molecules of pidolic acid, which enhances its absorption and effectiveness compared to other magnesium salts.

- Ashwagandha, lemon balm, valerian root and chamomile support relaxation, mental and physical well-being
- Magnesium contributes to the proper functioning of the nervous system
- Rhodiola Rosea helps reduce tiredness and fatigue in stressful situations

 **30 capsules**



natural  
ingredients



mental balance



natural  
ingredients

**Active ingredients:** lemon balm, chamomile, valerian root, ashwagandha, magnesium (citrate or pidolate), Rhodiola Rosea

natural  you



### lavender tea taste

- Melatonin helps reduce the time it takes to fall asleep
- Vitamin B6 maintains the proper functioning of the nervous system and helps reduce the feeling of tiredness
- Special composition of lavender, chamomile, hop and melissa supports the body in relaxation and emotional balance
- Ashwagandha helps with relaxation

This product is free from preservatives, meaning it contains no artificial ingredients. This reduces the risk of exposure to side effects, such as an unpleasant taste, commonly associated with chemical preservatives.

Food supplement

**RELAX**

**PRESERVATIVES  
free**

 150 ml



balance



multi-directional  
action



good  
sleep

**Active ingredients:** melatonin, lavender, lemon balm, hops, chamomile, mint, vitamin B6, ashwagandha



only  you



**RELAX**  
+valerian Food supplement

**UNIQUE  
composition**

A unique product that combines the traditional use of valerian with modern ingredients like L-tyrosine and other well-researched substances. The active ingredients are chosen for their multidirectional action, providing support for the nervous system and promoting a feeling of happiness.

- L-tyrosine supports the normal synthesis of dopamine- often referred to as the “happiness molecule”
- Vitamin B12 contributes to normal functioning of the nervous system
- Glutamine acts as a precursor of GABA and plays a key role in healthy nerve function throughout the central nervous system

 **30 capsules**



happiness



multi-directional action



mental balance

**Active ingredients:** Valerian root, L-tyrosine, vitamin B12, glutamine

natural  you



**lemon balm taste**

Food supplement  
**RELAX**

**SUGAR FREE  
VEGAN**

#### No added sugar

These gummies are free from added sugar, containing only naturally occurring sugars. The product is enriched with carefully selected plant ingredients, such as ashwagandha, lemon balm, and hops, which support relaxation and emotional balance.

- Ashwagandha root extract helps support relaxation, mental and physical well-being, contributes to emotional balance and general well-being
- Lemon balm helps maintain positive mood and good cognitive functioning
- Hops extract supports healthy sleep
- Niacin, Vitamin B6 and Biotin support the proper-functioning of the nervous system

 **30 gummies**  
**60 gummies**



emocional balance



nervous system



natural ingredients

**Active ingredients:** lemon balm, ashwagandha, hops extract, vitamin B3, B6, biotin

only  you

Food supplement  
**ELEKTOLYTES**



Electrolytes are ions selected in their proper chemical form, essential for maintaining good health. They regulate water and electrolyte balance, as well as the functioning of the nervous, muscular, and circulatory systems, ensuring the proper functioning of the entire body.

In biological terms, electrolytes are aqueous solutions of dissociated elements, colloquially called ions.

- Magnesium supports electrolyte balance and proper energy metabolism
- Niacin contributes to normal psychological function
- Potassium helps maintain normal muscle function, nervous system function, and normal blood pressure

 **20 tablets**



muscles



hydration



energy

**Active ingredients:** vitamins B6, B12, C, minerals: calcium, magnesium, potassium, sodium, chlorides



natural  you

Food supplement  
**ELECTROLYTES**  
+ plant extracts

**ORGANIC  
ingredients**



**peanapple with mint taste**

Electrolytes are ions in specific chemical forms that are essential for maintaining good health. Their levels determine water and electrolyte balance, and they support the functioning of the nervous, muscular, and circulatory systems, ensuring the proper functioning of the entire body.

Potassium pidolate is a natural form of organic potassium. It acts as a dietary and mineral supplement with high bioavailability.

- Electrolytes consumed before or during exercise help increase endurance and delay fatigue
- Magnesium contributes to electrolyte balance
- Vitamin B12 contributes to reducing of tiredness and fatigue

 **150 ml**



muscles



hydration



energy

**Active ingredients:** sodium, potassium pidolate, calcium, citrate magnesium, niacin, vitamin B12, vitamin B6, pantothenic acid, kombucha, ginseng



only  you



Food supplement  
**BRAIN BOOSTER**

**NEW  
formula**

Specially selected ingredients provide multi-directional support: they enhance psychological functions, improve the nervous system, boost memory and brain function, and help reduce tiredness.

**mango with berry flavour**

- Acetyl-L-carnitine helps support and maintain healthy brain function
- Beta-alanine delays the onset of fatigue
- L-glutamine supports concentration, mental performance, helps to maintain working memory and brain performance in aging adults
- Niacin and thiamine contribute to normal psychological function and nervous system
- Vitamin B6 and B12 help reduce fatigue while supporting the nervous system

 **250 ml**



energy



muscles



nervous system

**Active ingredients:** L-carnosine, acetyl L-carnitine, beta-alanine, L-glutamine, niacin, vitamin B6, thiamine, vitamin B12

only  you



**citron, lemon taste**

Food supplement  
**ENERGY BOOSTER**

**ORGANIC  
ingredients**

Potassium and magnesium pidolate are natural forms of organic compounds. They act as dietary and mineral supplements with high bioavailability.

- Vitamin B12 contributes to the reducing of tiredness and fatigue
- Caffeine boosts physical performance
- Carnitine helps the energy production
- Ashwagandha root extract supports physical wellbeing
- Magnesium maintains proper energy metabolism
- Potassium contributes to normal functioning of the nervous system
- Magnesium and potassium also contribute normal muscle function

 **150 ml**



strength



body



energy

**Active ingredients:** magnesium pidolate, L-Carnitine or mix (L-Taurine, L-Carnitine, L-Arginine, L-Tyrosine), vitamins B1, B2, B3, B5, B6, B7, B12, guarana extract, ashwagandha taurine vit. C, potassium pidolate, ginseng

only  you



**LIVER**  
Food supplement

**UNIQUE  
composition**

This product contains a unique composition of well-known active substances with scientifically proven effects. Many patients' experiences confirm the effectiveness of the ingredients.

- Choline contributes to maintaining of normal liver function and lipid metabolism
- Vitamin B6 supports normal protein and glycogen metabolism
- Ornithine helps normalize liver function through the regulation of the urea cycle

 **30 capsules**



liver



medical  
ingredients



multi-directional  
action

**Active ingredients:**

choline, ornithine L-aspartate, vitamin B6

natural  you



Food supplement

**LIVER**  
natural

**NATURAL  
ingredients**

The active ingredients in this detox product are carefully selected plant extracts designed to optimize the multi-directional action and guarantee safety of use. The scientifically proven effects of these plant extracts have been confirmed by numerous research studies and scientific publications.

- Combination of well-known ingredients milk thistle, artichoke and others
- Propolis maintains healthy liver function, digestion and the body purification
- Green coffee (*Coffea arabica L.*) supports liver functions and helps with the detoxification process

 **30 capsules**



liver



natural ingredients



detox

**Active ingredients:** milk thistle (*Sybilum Marianum*), artichoke (*cynarin*), turmeric, propolis, green coffee (*Coffea arabica L.*)

only  you



Food supplement  
**DIGESTION**

**INNOVATIVE  
capsule**

The innovative double-encapsulation technology ensures the active ingredients, including 35 billion bacteria, reach the intestines without breaking down in the stomach. This ensures optimal effectiveness.

- A groundbreaking 3-in-1 formula with probiotics, prebiotics (FOS) and vitamin D
- The patented ingredient, HOWARU® Restore II Mix, contains 35 billion bacterial cultures from four strains
- Double-encapsulation technology ensures the ingredients are delivered directly to the intestines



 **30 capsules**



bowels



stomach



probiotics

**Active ingredients:** probiotics HOWARU® Restore II Mix contains 35 billion bacterial (*Lactobacillus* and *Bifidobacterium*), prebiotics (FOS), vitamin D vegan, vitamin B3, biotin





natural  you



Food supplement  
**TRIPHALA**

**WELL-KNOWN  
ingredients**

Triphala is a three-ingredient herbal preparation derived from Ayurveda. The name "Triphala" means "three fruits," referring to the combination of three key ingredients. This ancient herbal formula tones the digestive tract and soothes the intestines. Triphala is traditionally used to treat gastrointestinal issues, regardless of their origin. It is over 1,000 years old and is highly regarded for its digestive benefits.

- Haritaki (*Terminalia Chebula*) helps to maintain the health of the liver
- Amla (*Emblica officinalis*) contributes to the health of the digestive tract
- Bibhitaki (*Terminalia Bellirica*) helps protect the liver

 **30 capsules**



bowels



stomach



detox

**Active ingredients:** Amla (*Emblica officinalis*), Bibhitaki (*Terminalia bellirica*), Haritaki (*Terminalia chebula*)



natural  you



Food supplement  
**SLIM+HYDRO**

**PRESERVATIVES  
FREE**

Preservative-free means that the products do not contain any artificial ingredients. This reduces the risk of side effects, such as a less enjoyable taste, compared to products containing chemical preservatives.

### green tea with grapefruit taste

- Zinc supports the normal metabolism of fatty acids
- Caffeine contributes to the mobilization of fat stores and increases fat burning
- A combination of guarana and green tea helps to burn fat
- Common nettle extract supports water excretion of from the body

 150 ml



slim



hydrating



energy

**Active ingredients:** L-carnitine, zinc, caffeine from green coffee beans, green barley green tea extract, guarana extract (10% caffeine), common nettle extract, acai berry extract, holly

only  you



Food supplement  
**SLIM ACTIVE**

**NEW  
formula**

The new formula contains two important ingredients in one capsule. The liquid form enhances bioavailability.

- L-carnitine contributes to fat burning during exercise, aids in energy production at the cellular level and improves muscle recovery after exercise
- Vitamin D supports normal muscle function, healthy bones and immune system



 **30 capsules**



slim



muscles



body

**Active ingredients:** L-carnitine, vitamin D3

only  you



Food supplement  
**JOINTS**

**INNOVATIVE  
capsule**

The innovative double-encapsulation capsule ensures that this rich formula reaches the intestines, where it can exert its effects more effectively, rather than being broken down in the stomach.

The product contains a special compound-rich composition that includes, among other ingredients, **patented collagen**.

- Curcumin contributes to normal joint function
- Vitamin C helps maintain normal collagen formation for the normal function of bones and cartilage
- Vitamin D supports normal muscle function
- Manganese and copper aid in the normal formation of connective tissue
- Vitamin B12 reduces tiredness and fatigue
- Product is enriched in caffeine



 **30 capsules**



joints



bones



energy

**Active ingredients:** Curcumin + Boswellia, UC-II® (undenatured type II collagen) Vitamin C, Vitamin D3, manganese, copper, vitamin B12, caffeine



natural  you

Food supplement  
**ARTRO SPORT**

**RICH  
COMPOSITION**



- Rich combination of active ingredients like collagen, hialuronic acid, glucosamine, chondroitine, plant ekstrakts, omega 3, vitamins and minerals
- Collagen, hyaluronic acid, glucosamine, chondroitin naturally occurs in joints cartilage and synovial fluid
- Vitamin C (from natural source) helps with normal collagen formation for the proper function of cartilage
- Calcium, vitamin K2 and vitamin D3 support healthy bones and teeth
- Omega 3 fatty acids help maintain joint mobility and flexibility

**20 vials**



natural  
extracts



vitamins  
K2+D3



joints  
and bones



multidirectional  
action

**Active ingredients:** collagen, hialuronic acid, glucosamine, chondroitine, rosehip and nettle (natural source of vitamin C), omega 3, calcium, vitamins E, K2, D3

only  you



Food supplement  
**STRONG TEETH**

**NO ADDED  
sugar**

Active ingredients in tablets support strong teeth and bones, while providing fresh breath. Vitamin K2 contributes to proper calcium metabolism and helps maintain healthy bones and oral health.

- Calcium is essential for the maintenance of healthy teeth
- Vitamin D and K2 contribute to normal teeth and bone health
- Zinc acts in the oral cavity, reacting with volatile sulfur compounds to eliminate them and remove unpleasant odor from the mouth

**60 lozenges**



teeth



bones



protection

**Active ingredients:** Vitamin D, Calcium, Vitamin K2, Zinc, Thyme leaf, Mint extract



only  you



Food supplement  
**CLEAR PROTEIN**

**15 G  
PROTEINS  
MILK FREE**

Specially selected ingredients provide support for muscle recovery after exercise and help promote their growth. The formula is free from milk, lactose, and sugar.

**fruit lemonade taste**

- Magnesium contributes to normal muscle function, electrolyte balance, and proper energy metabolism
- Proteins support muscle building and maintenance, aid recovery after intense exercise, may help promote satiety, and contribute to the regeneration process

 **250 ml**



15 g protein



muscles

**Active ingredients:** Protein, magnesium

only  you



Food supplement  
**BEAUTY HA**

**HYALURONIC  
acid**

This product features a special composition of well-known ingredients trusted by consumers. The formula is designed to improve the condition of skin. Additive of vitamin C and zinc gives this product additive positive action on skin properties. Hyaluronic acid is one of the ingredients naturally occurring in the skin. Rest of ingredients have confirmed action by EFSA (European Food Safety Authority) claims.

**pear with lime taste**

- Zinc helps maintain normal hair, nails and skin, and protects cells from oxidative stress
- Vitamin C supports normal collagen formation for the proper function of skin
- Hyaluronic acid naturally occurs in the skin

 **250 ml**



skin



hair



hydration

**Active ingredients:** Hyaluronic acid, Vitamin C, Zinc

only  you



**green tea with grapefruit taste**

Food supplement  
**BEAUTY HA**

**HYALURONIC  
acid**

This product features a special composition of well-known ingredients trusted by consumers. The formula is designed to improve the condition of skin. Additive of vitamin C and zinc gives this product additive positive action on skin properties. Special formula of hyaluronic acid - ExceptionHyal®Star has research proven action. Rest of ingredients have confirmed action by EFSA (European Food Safety Authority) claims.

- Zinc helps maintain normal hair, nails and skin, and protects cells from oxidative stress
- Vitamin C supports normal collagen formation for the proper function of skin
- Hyaluronic acid naturally occurs in the skin

 **150 ml**



skin



hair



hydration

**Active ingredients:** Hyaluronic acid, Vitamin C, Zinc

natural  you



**pitahaya taste**

Food supplement  
**BEAUTY COLLAGEN  
MAX**

**ORGANIC  
ingredients**

This product features a special composition of well-known ingredients trusted by consumers. The formula is designed to improve the condition of especially skin, but hair and nails too. This product contains 10000 mg (in a 150 ml) special collagen - Naticol, that has research proven action. Rest of ingredients have confirmed action by EFSA (European Food Safety Authority) claims.

- Zinc helps maintain normal hair, nails and skin, and protects cells from oxidative stress.
- Vitamin C supports normal collagen formation

 **150 ml**



**muscles**



**hydration**



**energy**

**Active ingredients:** sodium, potassium pidolate, calcium, citrate magnesium, niacin, vitamin B12, vitamin B6, pantothenic acid, kombucha, ginseng



natural  you

Food supplement  
**BEAUTY COLLAGEN**

**ORGANIC  
ingredients**



This product features a special composition of well-known ingredients trusted by consumers. The formula is designed to improve the condition of especially skin, but hair and nails too. This product contains 2500 mg (in a 250 ml) special collagen - Naticol, that has research proven action. Rest of ingredients have confirmed action by EFSA (European Food Safety Authority) claims.

**pitahaya taste**

- Zinc helps maintain normal hair, nails and skin, and protects cells from oxidative stress.
- Vitamin C supports normal collagen formation

 250 ml



muscles



hydratation



energy

**Active ingredients:** sodium, potassium pidolate, calcium, citrate magnesium, niacin, vitamin B12, vitamin B6, pantothenic acid, kombucha, ginseng



only  you

Food supplement  
**BEAUTY COLLAGEN**

**PATENTED  
ingredients**



This product features a special composition of well-known ingredients trusted by consumers. The formula is designed to improve the condition of especially skin, but hair and nails too.

**vanilla taste**

- Collagen is natural structural component of the skin
- Vitamin C contributes to normal collagen formation for the proper function of skin
- Zinc helps maintain healthy skin, hair and nails

**20 bites**



skin



hair



protection

**Active ingredients:** Collagen, Vitamin C, Zinc

only  you

Food supplement  
**FOR HER**

**RICH  
composition**



This advanced formula supports overall physiological well-being and energy-yielding metabolism. It helps maintain female hormonal balance during the menstrual cycle and climacteric period, while supporting normal nervous system activity and psychological function. Enriched with key nutrients, it promotes healthy skin and hair, reduces tiredness and fatigue, supports cognitive performance, and protects cells from oxidative stress.

**strawberry taste**

- Sage leaf extract and chaste tree fruit extract (Vitexagnuscastus) help to maintain a physiological well-being during menstrual cycle
- Chaste tree fruit extract contributes to the female hormonal balance during climacterium
- Biotin and folate contribute to normal energy-yielding metabolism, reduction of tiredness and fatigue
- Iron contributes to normal cognitive infection, normal formulation of red blood cells and hemoglobin
- Selenium, zinc and folate contributes to the normal hair and nails
- Vitamin E and zinc contributes to the protection of cells from oxidative stress

**20 bites**



skin



hair



protection

**Active ingredients:** Collagen, Vitamin C, Zinc

only  you

**FUNCTIONAL „CHOCOLATES“**



**vanilla taste**

Food supplement  
**AGE STOP**

**UNIQUE  
composition**

A unique formula helps slow the aging process, defend against oxidative stress, and support collagen and hyaluronic acid for smooth, youthful-looking skin. Supports normal nervous system and immune functions, helps combat tiredness and fatigue including skin and hair.

- Vitamin B6 contributes to normal functioning of the nervous system and normal psychological function as well as normal function of the immune system and also helps to reduce tiredness and fatigue
- Biotin contribute to normal functioning of the nervous system
- Coenzyme Q10 slowing the aging process and helps reduce the appearance of wrinkles

**20 bites**



skin



hair



beauty

**Active ingredients:** D-biotin, Vitamin B6 (pyridoxinehydrochloride), Zincoxide, Coenzyme Q10

only  you



Food supplement  
**BEAUTY SKIN**

**INNOVATIVE  
capsule**

The innovative double-encapsulation capsule ensures that this rich formula reaches the intestine, where it can exert its effects more effectively, instead of being broken down in the stomach.

The rich composition includes, among other ingredients, **hyaluronic acid and collagen**, which help build and support the skin.

- Zinc contributes to maintaining normal skin, nails and hair
- Borage oil (GLA) contributes to maintenance of normal skin cell structure and elasticity
- Selenium helps protect cells from oxidative stress



 **30 capsules**



skin



multi-directional action



protection

**Active ingredients:** borage oil (GLA), argan oil, hyaluronic acid, alpha-lipoic acid, selenium, vitamin C, zinc, lycopene, lutein, zeaxanthin, hydrolyzed collagen



natural  you

Food supplement  
**BEAUTY COLLAGEN**

**VEGETARIAN**



The product contains special ingredients, including collagen peptide and B-group vitamins, which benefit hair and skin health. It also includes antioxidants and vitamins.

**starfruit, papaya,  
cherry taste**

- Special composition of vitamin vitamin C, E, A, D3, B2, B12, B6
- Collagen peptides support the elasticity and firmness of the skin and strengthen the hair and nails.
- Biotin contributes to the maintenance of healthy hair
- Zinc contributes to maintaining normal skin, nails and hair

**90 gummies**



hair



nails



skin

**Active ingredients:** collagen peptide, vitamin C, E, A, D3, biotin, folic acid, vitamin B2, B12, B6, iodine, zinc, choline





- Rich combination of active ingredients like collagen, hyaluronic acid, antioxidants, vitamins and plant extract
- 5 000 mg of collagen
- Vitamin C helps with normal collagen formation for proper function of skin
- Zinc helps maintain healthy skin, hair and nails

**14 vials**



neutralisation  
the aging



protection



elasticity  
and luminosity

**Active ingredients:** Hydrolysed collagen, Vitamin C, Grapeseed (minimum 95% OPC, oligomeric proanthocyanidins), Niacin (B3), Hyaluronic acid, Vitamin E, Zinc, Pantothenic acid (B5), Vitamin B6, Riboflavin (B2), Vitamin A, Selenium, Biotin, Vitamin B12

only  you



Food supplement  
**HAIR, SKIN & NAILS**

**WELL-KNOWN  
ingredients**

This product features a rich composition of well-known ingredients trusted by consumers. The formula is designed to improve the condition of hair, skin, and nails.

- Horsetail improves skin, hair and nail strength and promotes hair growth
- Vitamin C and zinc protect cells from oxidative stress and help in normal collagen formation for proper skin function
- The minerals and trace elements in nettle strengthen bones, nails and hair
- Zinc and biotin contribute to the maintenance of healthy skin and hair
- Copper supports normal hair pigmentation

 **30 capsules**



hair



nails



skin

**Active ingredients:** dry extract of horsetail herb (*Equisetum arvense* L.) including silica, vitamin C, dry extract of nettle herb (*Urtica dioica* L.), zinc, biotin, copper

natural  you



Food supplement  
**HAIR, SKIN & NAILS**

**VEGETARIANS**

These gummies are gelatin-free and use pectin as a gelling agent.

The product contains special ingredients, including encapsulated caffeine and green tea leaf extract, which benefit hair and skin health. It also includes antioxidants and vitamins.

### strawberry taste

- Special composition ingredients: encapsulated caffeine, green tea leaf extract and vitamins
- Vitamin C helps with normal collagen formation for the proper function of skin
- Biotin contributes to the maintenance of healthy hair
- Vitamin E is necessary for healthy teeth, bones, hair, skin and nails

 **90 gummies**



hair



nails



skin

**Active ingredients:** vitamin C, vitamin E, biotin, encapsulated caffeine, green tea leaf extract (*Camellia sinensis*)



## OPTIONALLY, WE OFFER PACKAGING IN JARS







essence expert



## BEVERAGES





only  you

## PROTEIN SHAKE

**PRESERVATIVE  
FREE**



**chocolate flavor**



**vanilla flavor**



**strawberry flavor**

- High protein content
- No sugar
- Low fat

 **250 ml**

**10g**  
protein

10 g protein



muscles



body

**Active ingredients:** L-carnosine, acetyl-L-carnitine, L-glutamine, niacin, vitamin B6, thiamine, vitamin B12



essence expert



## INTIMATE HEALTH



natural  you

## LIBIDO FOR HER

**PRESERVATIVE  
FREE**



An innovative formula developed for women who want to nurture their femininity and enhance sexual satisfaction. A combination of natural plant extracts and vitamins supports reproductive health, regulates hormonal activity, and increases libido levels.

- Ashwagandha supports the health of the female reproductive organs.
- Tribulus terrestris and maca promotes sexual desire.
- Shatavari root, Korean ginseng and Prunus amygdalus supporting the functioning of the reproductive system, increasing the level of libido.
- Damiana herbs contribute a good sexual appetite, stimulate sensation in women, support increased libido and sexual performance.
- Pantotenic acid supports synthesis and metabolism of steroid hormones.
- Vitamin B6 contributes to the regulation of hormonal activity.

 **30 capsules**



CBD



beautiful skin



regeneration

**Active ingredients:** ashwagandha, tribulus terrestris L. fruits, shatavari root, korean ginseng root, prunus amygdalus, damiana leaves, maca root, pantotenic acid, vitamin B6

natural  you



**ERECTION FOR HIM**

**PRESERVATIVE  
FREE**

An advanced formula designed for men who want to improve sexual performance, maintain proper testosterone levels, and support prostate health. Natural ingredients help enhance erection, increase libido, and improve overall physical performance.

- Tribulus Terrestris L. increases testosterone levels, libido, sexual performance, sperm count and vitality. Helps with erectile dysfunction.
- Korean ginseng helps to maintain good sexual relations.
- Damiana leaves stimulate erection, support increased libido and sexual performance.
- Tongkat ali increases testosterone levels, fertility, sperm production, time of erection and physical performance. Works to relieve stress and improve mood. Improves semen quality and sperm motility.
- Pomegranate helps to maintain a healthy prostate and sexual functions in men.
- L-arginine maintenance of normal erection.
- Zinc contributes to the maintenance of normal testosterone levels in the blood.
- Selenium contributes to normal spermatogenesis.

 **30 capsules**



CBD



beautiful skin



regeneration

**Active ingredients:** tribulus terrestris L., korean ginseng, damiana leaves, tongkat ali, prunus amygdalus, pomegranate, L-arginine, zinc, selenium



natural  you

**FOR BOTH**

**PRESERVATIVE  
FREE**



A formula developed for women and men who want to improve the quality of their intimate life, support hormonal balance, and take care of vitality. The ingredients work synergistically to enhance desire, improve well-being, and boost energy.

- Maca stimulates sexual desire
- Vitamin B6 contributes to the regulation of hormonal activity
- Zinc contributes to the maintenance of normal testosterone levels in the blood
- Selenium contributes to normal spermatogenesis
- Hyaluronic acid takes care of proper tissue hydration
- Vitamins group B, Vitamin C, E and copper take part in energy production

**20 bites**



CBD



beautiful skin



regeneration

**Active ingredients:** hyaluronic acid, folic acid, zinc, biotin, vitamin B6, selenium, copper, maca root, vitamin E, vitamin B12, vitamin B2, niacin, vitamin C





**essence expert**  
Your pharma.



**For more details please contact us:**

**Mail:**

**[office@essenceexpert.com](mailto:office@essenceexpert.com)**

**Mobile phone:**

**+48 693 617 098**

**[www.essenceexpert.com](http://www.essenceexpert.com)**





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**BETTER  
FUTURE  
TOGETHER**