



# CATALOG

## SPORTs LINE



essence **expert**  
Your pharma.



essence expert

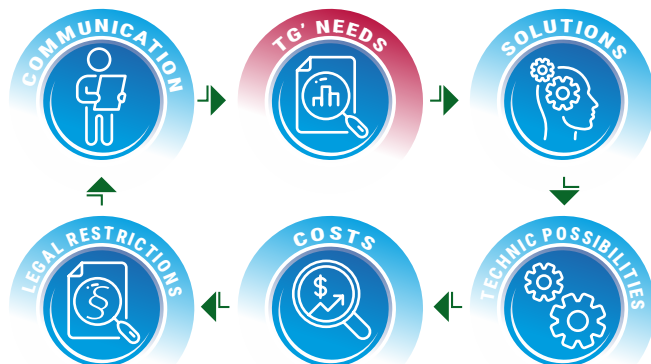


## ETIOLOGY OF ESSENCE EXPERT

### WHERE DOES ESSENCE EXPERT COME FROM?

**Essence Expert** was created out of market needs:

- ❄ Food loses quality (contains less and less nutrients)
- ❄ All groups of food products are increasingly enriched (including drinks)
- ❄ Growth dynamics of the supplement market
- ❄ Consumer needs





## CONSUMER NEEDS

Consumer needs include convenience and pleasure of use - alternative forms to capsules and tablets:



Gummies



Sachets



Lozenges



Longtime-release  
capsules




Shots



Bites




## ESSENCE EXPERT ADVANTAGES

 **Top-class specialists** Essence Expert has a team of top-class specialists with many years of experience not only in pharmaceutical industry and scientific expertise.

 **The highest quality of raw materials**

- We use only certified sources
- We offer unique patented formulas
- We have additive laboratory tests to classify raw materials
- We test our products to guarantee the best quality
- We cooperate with accredited labs

 **Defining the needs** of target groups and adapting **products formulas** to specific target groups, including specific geographical areas

 **Innovativeness**

Essence Expert offers innovative solutions. We are open to the latest trends and employ new, tried-and-tested technologies for example:

- Longtime-release capsules
- Bites- sugar free "chocolates"



## FOOD SUPPLEMENTS

- ❁ We use only certified sources
- ❁ We offer unique patented formulas
- ❁ We are flexible in making composition changes
- ❁ We can offer short lead times
- ❁ We advise on the right composition choices and how to optimize your portfolio to control costs
- ❁ We cooperate with accredited labs
- ❁ We test our products to guarantee the best quality





only  you



**fruit lemonade taste**

- Magnesium contributes to normal muscle function, electrolyte balance, and proper energy metabolism
- Proteins support muscle building and maintenance, aid recovery after intense exercise, may help promote satiety, and contribute to the regeneration process

Food supplement  
**CLEAR PROTEIN**

**15 G  
PROTEINS  
MILK FREE**

Specially selected ingredients provide support for muscle recovery after exercise and help promote their growth. The formula is free from milk, lactose, and sugar.

 **250 ml**



15 g protein



muscles

**Active ingredients:** Protein, magnesium



only  you



Food supplement  
**MAGNESIUM 4 in 1**

**UNIQUE  
ingredients**

A unique combination four forms of magnesium for optimal effectiveness:

- **liposomal** - encapsulation of magnesium inside the liposomal vesicle determines its high bioavailability and obtained through the use of innovative technology
- **citrate and oxide** are two of the most popular forms
- **pidolate** - the chemical formula for magnesium pidolate shows its structure, with one magnesium atom chelated to two pidolic acid molecules. This specific configuration optimizes effectiveness compared to other magnesium salts.

### Magnesium:

- contributes to maintaining proper energy metabolism
- helps in protein synthesis, maintaining healthy teeth, bones and electrolyte balance
- supports proper psychological functions and the functioning of the nervous system and muscular systems

 **30 capsules**



energy



muscles



nervous system

### Active ingredients:

liposomal, citrate, oxide and pidolate magnesium



only  you



Food supplement  
**MAGNESIUM + B6**

**ORGANIC  
MAGNESIUM**

Magnesium citrate is a metal-organic compound formed from citrate and magnesium ions. This form of magnesium is considered more bioavailable than others. Magnesium citrate is particularly popular in Poland and is sometimes used to prevent kidney stones\*.

### Magnesium:

- contributes to maintaining proper energy metabolism
- helps in protein synthesis, maintaining healthy teeth, bones and electrolyte balance
- supports appropriate psychological functions and the functioning of the nervous system and muscles

 **30 capsules**



energy



muscles



nervous system

**Active ingredients:** magnesium citrate, vitamin B6

\*Ettinger, B; Pak, CY; Citron, JT; Thomas, C; Adams-Huet, B; Vangessel, A (December 1997). „Potassium-magnesium citrate is an effective prophylaxis against recurrent calcium oxalate nephrolithiasis”. J Urol. 158 (6): 2069–73. doi:10.1016/S0022-5347(01)68155-2. PMID 9366314





natural  you

**MAGNESIUM**  
+ashwagandha Food supplement

**UNIQUE  
ingredients**



KSM-66 Ashwagandha is a full-spectrum extract with the highest concentration of root-only extracts available. It is produced using a unique proprietary extraction process, based on "Green Chemistry" principles, without alcohol or chemical solvents.

#### Magnesium:

- contributes to maintaining proper energy metabolism
- supports appropriate psychological functions and the functioning of the nervous system and muscles

#### Ashwagandha:

- supports relaxation, mental and physical well-being
- helps maintain emotional stability

 **30 capsules**



energy



nervous system



relax

#### Active ingredients:

magnesium citrate, ashwagandha

only  you

Food supplement  
**ELEKTOLYTES**



Electrolytes are ions selected in their proper chemical form, essential for maintaining good health. They regulate water and electrolyte balance, as well as the functioning of the nervous, muscular, and circulatory systems, ensuring the proper functioning of the entire body.

In biological terms, electrolytes are aqueous solutions of dissociated elements, colloquially called ions.

- Magnesium supports electrolyte balance and proper energy metabolism
- Niacin contributes to normal psychological function
- Potassium helps maintain normal muscle function, nervous system function, and normal blood pressure

 **20 tablets**



muscles



hydration



energy

**Active ingredients:** vitamins B6, B12, C, minerals: calcium, magnesium, potassium, sodium, chlorides



natural  you

Food supplement  
**ELECTROLYTES**  
+ plant extracts

**ORGANIC  
ingredients**



**Combucha taste**

Electrolytes are ions in specific chemical forms that are essential for maintaining good health. Their levels determine water and electrolyte balance, and they support the functioning of the nervous, muscular, and circulatory systems, ensuring the proper functioning of the entire body.

Potassium pidolate is a natural form of organic potassium. It acts as a dietary and mineral supplement with high bioavailability.

- Electrolytes consumed before or during exercise help increase endurance and delay fatigue
- Magnesium contributes to electrolyte balance
- Vitamin B12 contributes to reducing of tiredness and fatigue

 **150 ml**



muscles



hydration



energy

**Active ingredients:** sodium, potassium pidolate, calcium, citrate magnesium, niacin, vitamin B12, vitamin B6, pantothenic acid, combucha, ginseng



only  you



**apple, blackberry taste**

- Acetyl-L-carnitine helps support and maintain healthy brain function
- Beta-alanine delays the onset of fatigue
- L-glutamine supports concentration, mental performance, helps to maintain working memory and brain performance in aging adults
- Niacin and thiamine contribute to normal psychological function and nervous system
- Vitamin B6 and B12 help reduce fatigue while supporting the nervous system

 **250 ml**



energy



muscles



nervous system

**Active ingredients:** L-carnosine, acetyl L-carnitine, beta-alanine, L-glutamine, niacin, vitamin B6, thiamine, vitamin B12



only  you



**citron, lemon taste**

- Vitamin B12 contributes to the reducing of tiredness and fatigue
- Caffeine boosts physical performance
- Carnitine helps the energy production
- Ashwagandha root extract supports physical wellbeing
- Magnesium maintains proper energy metabolism
- Potassium contributes to normal functioning of the nervous system
- Magnesium and potassium also contribute normal muscle function

 **150 ml**



strength



body



energy

**Active ingredients:** magnesium pidolate, L-Carnitine or mix (L-Taurine, L-Carnitine, L-Arginine, L-Tyrosine), vitamins B1, B2, B3, B5, B6, B7, B12, guarana extract, ashwagandha taurine vit. C, potassium pidolate, ginseng



only  you



Food supplement  
**JOINTS**

**INNOVATIVE  
capsule**

The innovative double-encapsulation capsule ensures that this rich formula reaches the intestines, where it can exert its effects more effectively, rather than being broken down in the stomach.

The product contains a special compound-rich composition that includes, among other ingredients, **patented collagen**.

- Curcumin contributes to normal joint function
- Vitamin C helps maintain normal collagen formation for the normal function of bones and cartilage
- Vitamin D supports normal muscle function
- Manganese and copper aid in the normal formation of connective tissue
- Vitamin B12 reduces tiredness and fatigue
- Product is enriched in caffeine



 **30 capsules**



joints



bones



energy

**Active ingredients:** Curcumin + Boswellia, UC-II® (undenatured type II collagen) Vitamin C, Vitamin D3, manganese, copper, vitamin B12, caffeine



natural  you

Food supplement  
**ARTRO SPORT**

**RICH  
COMPOSITION**



- Rich combination of active ingredients like collagen, hialuronic acid, glucosamine, chondroitine, plant ekstrakts, omega 3, vitamins and minerals
- Collagen, hyaluronic acid, glucosamine, chondroitin naturally occurs in joints cartilage and synovial fluid
- Vitamin C (from natural source) helps with normal collagen formation for the proper function of cartilage
- Calcium, vitamin K2 and vitamin D3 support healthy bones and teeth
- Omega 3 fatty acids help maintain joint mobility and flexibility

**20 vials**



natural  
extracts



vitamins  
K2+D3



joints  
and bones



multidirection  
action

**Active ingredients:** collagen, hialuronic acid, glucosamine, chondroitine, rosehip and nettle (natural source of vitamin C), omega 3, calcium, vitamins E, K2, D3

only  you



Food supplement  
**MULTIVIT+**

**LIQUID  
capsule**

The innovative double-encapsulation system ensures that the ingredients reach the intestines for optimal absorption.



- Set of 12 vitamins and 10 minerals
- Vitamin D, vitamin C, iron, vitamin A, vitamin B12, vitamin B6, copper and selenium help with the proper functioning of the immune system
- Magnesium, vitamin C, vitamin B6 and vitamin B12 contribute to reducing the feeling of tiredness and fatigue
- Copper and vitamin C help protect cells from oxidative stress
- Magnesium, niacin, vitamin B12, vitamin B6 and vitamin C help maintain proper psychological functions

 **30 capsules**



immune



energy



strength

**Active ingredients:** vitamins: A, D, E, C, B1, B2, B3, B5, B6, B8, B9, B12, copper, iron, chromium, iodine, selenium, zinc, fluoride, manganese, calcium, magnesium

only  you



Food supplement  
**SLIM ACTIVE**

**NEW  
formula**

The new formula contains two important ingredients in one capsule. The liquid form enhances bioavailability.

- L-carnitine contributes to fat burning during exercise, aids in energy production at the cellular level and improves muscle recovery after exercise
- Vitamin D supports normal muscle function, healthy bones and immune system



 **30 capsules**



slim



muscles



body

**Active ingredients:** L-carnitine, vitamin D3

natural  you



green tea flavour

Food supplement  
**SLIM+HYDRO**

**PRESERVATIVES  
FREE**

Preservative-free means that the products do not contain any artificial ingredients. This reduces the risk of side effects, such as a less enjoyable taste, compared to products containing chemical preservatives.

- Zinc supports the normal metabolism of fatty acids
- Caffeine contributes to the mobilization of fat stores and increases fat burning
- A combination of guarana and green tea helps to burn fat
- Common nettle extract supports water excretion of from the body

 150 ml



slim



hydrating



energy

**Active ingredients:** L-carnitine, zinc, caffeine from green coffee beans, green barley green tea extract, guarana extract (10% caffeine), common nettle extract, acai berry extract, holly





only  you

## PROTEIN SHAKE

**PRESERVATIVE  
FREE**



**chocolate flavor**

**vanilla flavor**

**strawberry flavor**

- High protein content
- No sugar
- Low fat

 **250 ml**

**25 g**  
protein

**25 g protein**



**muscles**



**body**

**Active ingredients:** L-carnosine, acetyl-L-carnitine, L-glutamine, niacin, vitamin B6, thiamine, vitamin B12



**essence expert**  
Your pharma.



**For more details please contact us:**

**Mail:**

**[office@essenceexpert.com](mailto:office@essenceexpert.com)**

**Mobile phone:**

**+48 693 617 098**

**[www.essenceexpert.com](http://www.essenceexpert.com)**





essence **expert**  
Your pharma.

# BETTER FUTURE TOGETHER